



Contents

- 2 Planning Your Arrival**
- 3 Pre-Departure Checklist**
- 4 Entry into the US and Student Visa**
- 5 Entry into the US and Student Visa**
- 6 Entry into the US and Student Visa**
- 7 Arrival Details**
- 8 Orientation Program**
- 9 Preparing for placement exams**
- 10 Initial Expenses and Banking**
- 11 Health Insurance and Housing**
- 12 Student Services and Activities**
- 13 Campus map**
- 14 The City**
- 15 Weather**
- 16 Contact information**

Planning your arrival

We are excited you have chosen to enroll in Global Pathways and look forward to welcoming you to Salt Lake City and the University of Utah. The information contained in this booklet is designed to help you prepare for your trip and future as a student of the University of Utah. It will answer your questions about what to do before you leave your home country for the US and what you can expect when you arrive.

If you have any questions or require further information, please contact:
E-mail: utahpathways@kaplan.com

Or, check out the University of Utah website: www.utah.edu.

Or, http://www.ice.gov/sevis/factsheet/100104ent_stdnt_fs.htm

Remember to carry this Pre-Arrival Guide with you in your carry-on bag when you travel, as it contains important information and contact details.

Pre-Departure Checklist

Here's a checklist to help you plan for coming to the University of Utah.

- Apply for and obtain your F-1 student visa (see pages 4-6). Ensure you have a valid passport. Please make photocopies.
- Book your flight. Arrange for travel insurance in case your bags are lost or damaged on the journey to Salt Lake City.
- Inform Global Pathways of your arrival plans (see page 7)
- Pay in full 30 days before the start of courses
- Arrange cash to support yourself until you can open a bank account (see page 10). Check with your current bank about use of your credit or debit card in the U.S. and how international wire transfers work.
- Record the dates you have received any Measles, Mumps, and Rubella (MMR) vaccinations (see page 11).
- Prepare for writing and math placement tests. Transfer students: prepare transfer course descriptions and email math course information to the Global Pathways office. (See page 9 for more information.)

Carry-On Baggage Checklist

Ensure you have the following:

- Airline tickets and travel insurance documents
 - Passport with F-1 visa
 - I-20
 - All University of Utah and Global Pathways acceptance letters
 - Original financial documents used at time of application.
 - SEVIS I-901 fee receipt
 - Original or certified copies of all transcripts and graduation certificates in sealed envelopes from the school.
 - Immunization record (dates of all Measles, Mumps, and Rubella [MMR] vaccinations)
 - Copies of any prescriptions (in English with generic names of the drug), medicines, contacts/ eye glasses or anything you cannot do without. NEVER pack these things in your checked luggage.
 - Change of clothes and any toiletry items you may want or need if your luggage is lost
 - This Pre-Arrival Guide, including our Emergency Line number (free calls from any phone in the US)
- Check with your airline regarding limits for weight and size for baggage. In addition, check on restrictions for carry-on baggage.
 - Check the compatibility of any electrical equipment you are bringing. U.S. electrical outlets are plug type A&B and the electrical current is 120v, 60Hz. If you come from a country where 220/240 volts is used, most of your electrical appliances such as computers and mp3 players should work in the U.S.

How to apply for a student Visa?

Prior to departure to the United States, international students should ensure that they obtain the proper non-immigrant visa at a United States Embassy or Consulate. Students who receive a Form I-20 issued by Utah will acquire an F-1 visa, provided they meet the criteria set by the visa-issuing consular officer (i.e. financial documentation, intent to return to the home country, etc.).

Applicants should prepare to present the following documentation and any other relevant information at the time of the interview:

- ❑ **Valid Passport:** If your passport will expire less than 6 months from your planned arrival in the United States, or is damaged, or you do not have a page for a visa, please get a new passport before your interview.
- ❑ **The DS-160 application form confirmation page**, with the telecodes for your name, your name, home address, company name and company address written in Hanzi handwritten on your form. When printing out your confirmation page, please set “page layout” to “portrait”. Please bring the printed, not the faxed confirmation page to your interview.
- ❑ **One photograph:** Two inches square (51mm x 51mm) color photograph, less than 6 months old, against a white background, full frontal view. Please use scotch tape to stick your photo on the front cover of your passport.
- ❑ **Original Bank Receipt for Application Fee:** Please glue or tape the application fee receipt onto the bottom of DS-160 form confirmation page.
- ❑ **Passports containing all previous U.S. visas, even if expired.**
- ❑ **Completed SEVIS Form:** I-20A-B (for F1 students) or Form I-20M-N (for M-1 students) properly completed and signed by both the Designated School Official (DSO) and the applicant. Name on form must exactly match the name in your passport and has been entered into the SEVIS system by the U.S. academic institution. For more information go to <http://www.ice.gov/sevis/students/>
- ❑ **SEVIS Fee Receipt:** Most J, F, and M applicants must now pay a SEVIS fee. Please bring an electronic receipt or I-797 receipt to your interview. For more information go to <https://www.fmjfee.com/i901fee/>
- ❑ **Proof of Ties to home country:** Proof of economic, social, family, or other commitments that will help demonstrate your intent to return to home country after your studies in the U.S.
- ❑ **Proof of Finances:** Proof that you can support yourself during your entire stay in the U.S. without working.

- ❑ **Research/Study Plan:** Detailed information about your planned studies or research in the U.S. including the name and e-mail address of your advising professor and/or the head of your department in the U.S.
- ❑ **Resume/CV:** Detailed information about your past academic and professional experience, including a complete list of all publications to which you have contributed.
- ❑ **Official Transcripts of Returning Students:** Student visa applicants returning to schools in the U.S. should submit their official transcripts of their coursework with their applications.

When you receive your visa, the consular officer will seal your immigration documents in an envelope and attach it to your passport. You should not open this envelope! The Customs and Border Protection Officer at the US port-of-entry will open the envelope. Students who present a valid I-20 at a US port-of-entry must attend the school named on that certificate of eligibility. Students should not enter the United States with a B-2 tourist visa as it may be impossible to change it to student visa status at a later date.

For more information, please visit the following websites:

<http://www.ice.gov/sevis/students/>

http://travel.state.gov/visa/temp/types/types_1268.html

<https://www.fmjfee.com/i901fee/students/student/help.htm>

<http://www.facebook.com/kicphsp>



Upon Arrival

At the United States port-of-entry, an officer of the United States Immigration and Customs Enforcement (ICE) department will review your documents, including the passport, visa stamp, important letters, and the I-20. The visa eligibility document (I-20) will be processed by the ICE, with a page returned to you along with the I-94 card. **The entry date listed in item #5 of the I-20 is the last possible day to use this form for initial entry to the United States.** New students may enter the US up to 30 days before the indicated start date on the I-20.

Be prepared to answer the following questions:

- What and where will you study?
- Do you have family connections in the US?
- What are your plans for returning to your home country?
- Where will you be staying in Salt Lake City?

Insurance

When you book your flight, ensure that you have travel insurance in case your bags are lost or damaged on the journey to Salt Lake City.



Playing pool



Snowshoeing



The tremendous trio



Jazz night

Arrival Details

Once you have obtained a visa, you should contact us immediately with the following details:

Arrival Date	/	/	Arrival Time
Arrival Airport			Arrival Terminal
Airline			Flight Number
What is the last city from which this flight departs?			
Would you like Global Pathways to arrange your airport transfer (\$85)? Yes/No			

Airport Transfer

If you would like, transportation from the Salt Lake City International Airport to your housing can be arranged for you by Global Pathways. Homestay students will be picked up by their homestay family at the airport. Look for your family holding a sign with your name on it in the baggage claim area. If you do not see your host family at the airport or your flight has been delayed, cancelled or otherwise changed, please call your host family at the number provided to you on your housing confirmation document.

If you have elected to receive an airport transfer, it is your responsibility to contact the airport transfer company immediately via telephone (**Express Shuttle: 1-800-397-0773, toll-free from any phone in the US**) if your flight schedule changes, you miss your connection, or your flight is cancelled. If you do not call, they will not know when to meet you. Any changes must be made at least one hour prior to your original arrival time in Salt Lake City.

Finding Us When You Arrive

If your plane is coming directly from another U.S. city, it will arrive at Terminal 1 or 2. When your plane lands in Salt Lake City, you will be directed to the baggage claim area where you will pick up your luggage. If your plane has come from another country, it will land at the International Terminal. First you will be directed through customs and immigration. Then you should head to the baggage claim area.

If you have elected to receive an airport transfer, please look for someone holding a sign with your name on it as you approach the baggage claim area - this is your ride. If you do not see anyone holding a sign with your name on it, please do not leave. Go to the "Ground Transportation Desk" located in the baggage claim area of both terminals and look for the "Express Shuttle" booth. Tell an employee at this desk your name and that you are with Global Pathways. They will help you find your ride and get you safely to your housing.

If you encounter any problems that cannot be solved by contacting your host family or Express Shuttle, you can call our **Emergency Line** toll-free from any phone in the US: **1-888-763-3382**.

Global Pathways Orientation Program

This program is mandatory and will help prepare you for life in Salt Lake City and for studying at the University. The program comprises a series of presentations, workshops, and activities particular to Global Pathways. In addition, you will take part in the International Student Orientation which addresses the needs of all newly arrived international students. Orientation serves as an excellent opportunity to become familiar with fellow classmates, the campus, Global Pathways and the University of Utah community.

During the Orientation Program you will:

- Obtain your student ID card, which also works as your FREE city transportation pass
- Get your class schedule and textbooks
- Learn about SEVIS and immigration regulations
- Meet other international students
- Receive training to access your university student online accounts and email
- Take a writing placement exam (if you have a TOEFL iBT 61/IELTS 6.0 or higher) and a math placement test
- Learn about the Global Pathways Academic Program
- Tour the campus and become familiar with Salt Lake City
- Receive banking and health insurance information
- Find out about fun student groups and activities
- Be informed of cell phone service options and shopping tips

Please note: All students are required to attend the Orientation Program, particularly the International Student Orientation and Academic Advising. If you cannot attend, you must contact Global Pathways prior to orientation.

Please see the “Important Dates” insert for orientation time and place information.

A detailed outline of Orientation will be provided when you check in with Global Pathways staff.

Orientation Checklist

Please bring the following with you to Orientation:

- Official or certified copies and translations of academic certificates, transcripts and test scores from all high schools/colleges/universities attended (must be in sealed envelopes from those institutions)
- Certified copy and translation of high school graduation certificate in a sealed envelope from the school
- Passport
- Form I-20 (Certificate of Eligibility)
- Form I-94 (Arrival Departure Card)
- A record of all immunizations you have received and the dates they were given to you.
- Your US address

Planning for the ESL Writing Placement Exam

All Global Pathways students who scored at or above a TOEFL PBT 500/iBT 61 or IELTS 6.0 can take the ESL Writing Placement Test during orientation to be placed into the correct writing course. If a student scores well in this exam, they could place out of ESL 1040 and into ESL 1050. The TOEFL/IELTS exams do not place a student into a writing class.

The essay evaluators take into consideration such things as cohesion, expression, organization, and grammar. The exam asks students to write for approximately 45 minutes on a given topic. Topics are usually on personal experience and no specialized knowledge is needed.

Preparing: One suggestion for preparation would be to do practice exam essays. Find a personal experience question online or have a friend write down a question, and then write on that topic for 45 minutes. After you have finished writing, review your work for cohesion and expression of your ideas, organization and structure of your essay, and grammar and editing mistakes.

Preparing for the Math Placement Test

The Accuplacer brand Math Placement Test is used by the University of Utah to identify the proper level of math class for which a student should register. Students will take the Accuplacer Exam during orientation. The Math Placement Test primarily covers Algebra, with a little Trigonometry. A variety of math study guides are generally available online. The following links, for example, lead to free practice tests and study materials:

- Accuplacer Test Questions
www.accuplacertestquestions.com/accuplacer-math.html
- Test Prep Review - Practice Test
www.testprepreview.com/accuplacer_practice.htm
- College Board - Accuplacer
www.collegeboard.com/student/testing/accuplacer/

Transfer Students

Students with transfer credits from another post-secondary institution need to prepare course descriptions (in English) for all university level math and any major courses they would like to use to fulfill requirements at the University of Utah. If the math courses from the previous school are accepted by the Math Department at the University of Utah, the student will not need to take the Math Placement Test during Orientation.

Please send all Math transfer course information in an email to the Global Pathways office before arrival (utahpathways@kaplan.com). Be sure to include:

- Student university ID number and full name
- List of transfer classes (either on an attached transcript from the previous university or the Summary of Transfer Credit form from the acceptance letters)
- Major
- Math course descriptions

Initial Expenses

The amount you need to bring will depend on your personal spending habits. We recommend that you bring \$500 in cash to cover your expenses the first few weeks in Salt Lake City. If you are planning to use a credit or debit card from your local bank at home, check that you will be able to use the card in the US and what charges will be applied to your account. Visa, MasterCard, and American Express are widely accepted in the US. Also, in order to use it as a debit card, you will need to know your PIN—the 4 digit Personal Identification Number used to withdraw money from a cash machine (ATM). Without this, you may not be able to use your card to pay for purchases.

International Money Order (IMO)

IMOs can be bought from banks in your home country. You buy the order in your local currency and your bank issues a check in US Dollars. You can then deposit this check into a US bank account or exchange it for US Dollars.

Wire transfers

Check with your bank at home to see if they will transfer money electronically to US bank accounts. Make sure to ask about how the process works and what fees are associated. You will be able to do wire transfers only after you have opened a US bank account upon your arrival here. Wire transfers are quick and safe, but do have service charges.

Banking

As a part of the Orientation Program you will receive information that will guide you through the process of arranging a new US bank account. In addition, you will learn about the different bank accounts and services provided. Please note it may take some time before the bank has your account set up and ready for you to access your money.

Opening a bank account

The following documents are usually required to open a US bank account:

- Your passport.
- Proof of US address. This could be your housing confirmation.
- Evidence of student status, e.g. I-20 or Letter of Acceptance.
- Evidence of bank account in your home country may be requested.

Health Insurance and Medical Care

Utah law requires students to maintain a medical care plan (including health insurance). All Global Pathways Students must have health insurance that meets the minimum requirements as set by the Student Health Center. You will get information about acceptable insurance providers at Orientation and may purchase your insurance after arrival. You may learn more about the health services and the University of Utah's health insurance by going to this website: <http://www.studenthealth.utah.edu/services/SHI.htm>

Please bring a record of all immunizations you have received and the dates they were given with you to campus. You will need to have the dates that you received 2 MMR vaccines OR 2 Measles, 2 Mumps and 1 Rubella vaccine. You may opt to pay for and receive the vaccinations at the Student Health Center. Also, be prepared to fill out a health history form once you have arrived on campus, including information about you and your family's health histories. All international students will be required to receive a TB skin test for a small fee. Please note that the TB test and chest x-ray (if it is required) must be taken here in the United States within the last year.

Date of First MMR vaccination: _____ (enter as mm/dd/yyyy)

-OR- 1st Measles vaccination: _____, 1st Mumps vaccination: _____, 1st Rubella vaccination: _____

Date of Second MMR vaccination: _____ (enter as mm/dd/yyyy)

-OR- 2nd Measles vaccination: _____, 2nd Mumps vaccination: _____

Housing

Enclosed you will find **Your Housing Details** which presents everything you need to know about your new home. We will discuss the housing component of Global Pathways in more detail during orientation, including if you'd like to extend your stay or change your accommodation. Homestay students have been booked for four weeks while on-campus housing students have been booked for one semester (Spring or Summer terms) or two semesters (Fall term).

If you arrive before the earliest move-in date, you may need to book temporary housing in a local hotel. There are two hotels located on campus:

University Guest House

110 South Fort Douglas Boulevard

Salt Lake City, UT 84113

www.universityguesthouse.com

Reservations: +1 801 587 1000

Nearest to the dormitories. Ask about the student discount.

Marriott University Park

480 Wakara Way

Salt Lake City, UT 84108

<http://www.marriott.com/hotels/travel/slcup-salt-lake-city-marriott-university-park/>

Reservations: +1 801 581 1000

Student Services

It is our pledge to do everything possible to provide you with the best courses, programs, and student services to prepare you for a lifetime of achievement.

Each Global Pathways student is assigned a Student Advisor — someone who will monitor your progress and answer the many questions that life in a new school and country can bring.

Your Student Advisor will meet with you regularly to discuss your classes, progress, housing, and cultural challenges to ensure that you meet your academic and professional goals. University of Utah teachers and faculty will also have “office hours”— times when they are available to meet with students to discuss academic development and provide assistance for further success.

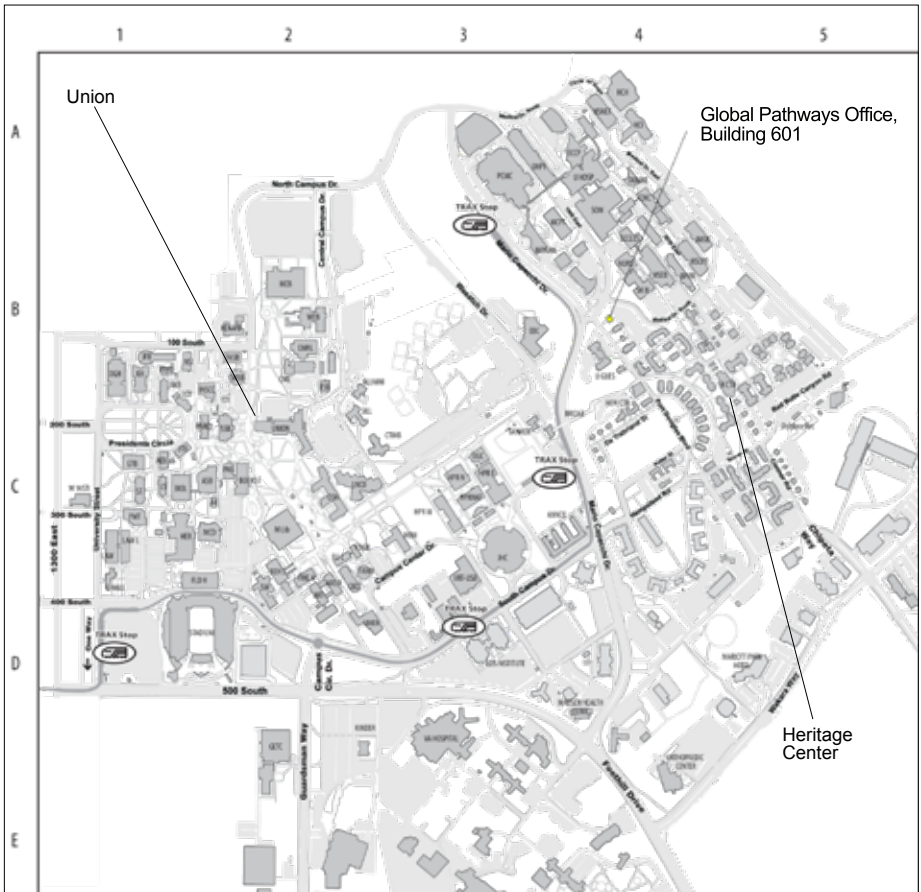
Student Activities:

Global Pathways students have access to all the University of Utah’s first-class facilities. Students can play sports at the Einer Nielsen Field House or meet their classmates for a game of bowling or billiards at the Crimson Commons in the University Union Building. There are also over 200 student groups our students can join. The Outdoor Recreation Program and the Parks, Recreation, and Tourism department offer many trips and excursions to nearby national parks and outdoor attractions. English Conversation Corner meets every week and lets Global Pathways students connect with local students. At Global Pathways at the University of Utah, there is always something fun to be involved in!

Important Campus Buildings To Note:

Building 601 – Global Pathways office. Visit your Global Pathways Student Advisor here.

- The Union – The “heart” of campus. A place to eat, meet friends, and the location of the International Center (international student services center).
- Heritage Center - the central hub for food, fun, and entertainment for students living on-campus. Check in to on-campus housing here.
- LNCO – Languages and Communication building. Your Global Pathways Academic Advisor’s office is located here in the Department of Linguistics.



Important locations:

HCTR (Chase M. Peterson Heritage Center)	C5
LNCO (Language and Communication)	C3
M LIB (Marriott Library)	D2
SSB (Student Services Building)	C2
U GUES (University Guest House)	B4
UNION	C2



The City

Salt Lake City, founded in 1847, is the capital and the most populous city of the US state of Utah. The name “Utah” comes from the Native American “Ute” tribe and means people of the mountains. Salt Lake City- often shortened to Salt Lake or SLC, offers the amenities of a large metropolitan area, including concerts, opera, ballet, theater, fine dining, museums and a wide range of sports. With seven ski resorts just thirty minutes away, the city was host to the 2002 Winter Olympic Games welcoming people from all over the world. With yearly events like the Sundance Film Festival there is always something new to discover!



Salt Lake city’s location makes it one of the major gateway cities to the West. Diverse cultures, religions, cuisine and customs bring an interesting flavor to the city. Much of the recent growth has been fueled by the biomedical, high technology and computer software industries.

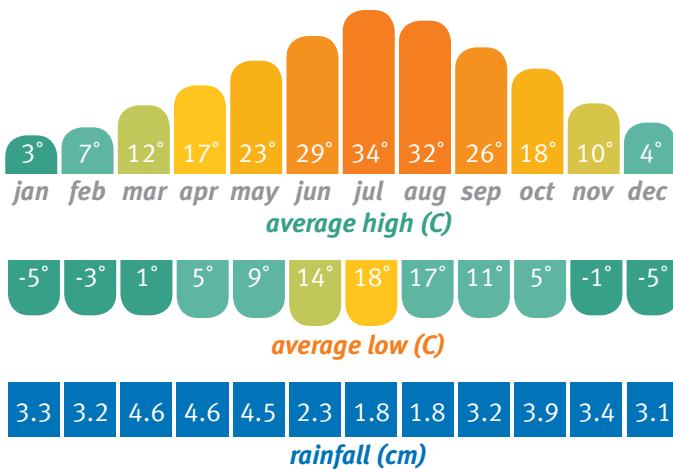
Five fun things to do in Salt Lake City & Utah

1. Visit one of the five national parks. Utah is America’s national parks capital. Parks include: Zion National Park, Bryce Canyon, Arches National Park, Canyonlands National Park, and Capitol Reef National Park.
2. Explore downtown Main Street, the Gateway and Trolley Square. There are many shops and boutiques!
3. Visit Historic Temple Square located in the heart of downtown Salt Lake City.
4. Catch the NBA’s Utah Jazz at the Solutions Arena.
5. Enjoy popular summer concerts at Red Butte Garden.



Weather: Four Seasons of Fun

Utah is famous for its abundance of outdoor activities, which can be enjoyed during each of its four distinct seasons of the year. Summer is good for hiking, mountain biking and rock climbing as it is usually warm, dry and sunny with low humidity. Fall brings out vibrant colors in the foliage with cooler temperatures. Winter usually enjoys above freezing temperatures during the day and cool temperatures after dusk with powdery snow in the mountains. Utah's snow is some of the best in the world for skiing and snowboarding. Spring is usually warm in the valley, with snow lingering in the mountains. The average monthly temperatures and precipitation are as follows:



Utah's weather requires three types of clothing: light-weight for warm, dry weather; very warm, lined coats, protective footwear, gloves, and head covering for cold and snowy weather; and raincoats or medium-weight wool coats for chilly autumn and early spring days. In January, the temperature can reach as low as -20°C , so you will need warm clothing and a coat. Regardless, you will have plenty of opportunity to purchase any clothing or supplies you will need when you are in Utah.



Global Pathways at the University of Utah

75 Fort Douglas Blvd
Building 601
Salt Lake City, UT 84113
Telephone +1 801 587 9995
Emergency Line (after hours) +1 888 763 3382

Office Hours: Monday - Friday, 9am - 5pm (MDT)

Fax +1 801 581 4224
Email: utahpathways@kaplan.com

Facebook: www.facebook.com/UtahUniversityGlobalPathways
Web: www.global-pathways.com/utah/pathways



Global Pathways is a collaboration between the University of Utah and Kaplan Global Solutions, a division of Kaplan, Inc. The University of Utah is not responsible for, nor does it have control over, the actions of Kaplan. The relationship between Kaplan and the University of Utah is strictly contractual.